

Core Values Assessment

Reflection Notes

Values List

Accountability	Discipline	Legacy
Authenticity	Fairness	Love
Achievement	Faith	Loyalty
Adventure	Fitness	Meaningful Work
Authority	Focus	Optimism
Autonomy	Freedom	Peace
Balance	Friendships	Poise
Being the Best	Fun	Popularity
Beauty	Generosity	Positivity
Belonging	Gratitude	Recognition
Boldness	Happiness	Resourcefulness
Compassion	Hard Work	Respect
Challenge	Honesty	Responsibility
Community	Humility	Security
Competency	Humor	Self-Respect
Commitment	Impact	Service
Competitiveness	Independence	Spirituality
Continuous Improvement	Influence	Stability
Contribution	Inner Harmony	Success
Creativity	Kindness	Status
Curiosity	Knowledge	Trustworthiness
Determination	Leadership	Wealth
Dependability	Learning	Wisdom

My Core Values in order:

1.

2.

3.

4.
